

## Bealings School: COVID-19 Home School Agreement

I/We agree to the following:

- To check EVERYONE in our family daily for COVID symptoms. These are more likely to show up in the adults than the children.

Symptoms are likely to include:

a loss of or change in our smell and taste  
a new and continuous cough  
a high temperature

but may also include:

sore throat  
shortness of breath/difficulty breathing  
chest pains  
fatigue  
muscle/body aches  
diarrhoea or nausea/vomiting  
new confusion

- To notify the school immediately and keep our child away from school as soon as any of these symptoms are identified within our household and book a COVID test via the NHS website:  
<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>
- To inform the school immediately of the results of a test

Government advice regarding test results and a return to school is as follows:

- if someone tests negative, if they feel well and no longer have symptoms similar to coronavirus (COVID-19), they can stop self-isolating. They could still have another virus, such as a cold or flu – in which case it is still best to avoid contact with other people until they are better. Other members of their household can stop self-isolating.
- if someone tests positive, they should follow the '[stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection](#)' and must continue to self-isolate for at least 10 days from the onset of their symptoms and then return to school only if they do not have symptoms other than cough or loss of sense of smell/taste. This is because a cough or anosmia can last for several weeks once the infection has gone. The 10-day period starts from the day when they first became ill. If they still have a high temperature, they should keep self-isolating until their temperature returns to normal. Other members of their household should continue self-isolating for the full 14 days.