Bealings School

Week 1

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Ham or Cheese Wrap/Roll****Or****Jacket Potato with cheese and Beans** | **Cheese or Tuna Wrap/Roll****Or****Tomato Pasta** | **Ham or** **Cheese Wrap/Roll****Or****Jacket Potato with Tuna or Beans** | **Tuna or Cheese Wrap/Roll****Or****Cheese and Potato Pie** | **Ham or Cheese Wrap/ Roll****Or****Fish Fingers with Baked Wedges****Or** **Jacket Potato with Beans** |
| **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** |
| **Fruit or yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** |

Bealings School

Week 2

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Ham or Cheese Wrap/Roll****Or****Chicken and Sweetcorn Meatballs and Pasta****Or** **Jacket Potato with Beans** | **Cheese or Tuna Wrap/Roll****Or****Jacket Potato with Cheese and/or Beans** | **Ham or** **Cheese Wrap/Roll****Or****Cauliflower and Broccoli Bake****Or** **Jacket Potato** | **Ham or Tuna Wrap/Roll****Or****Jacket Potato and Tuna** | **Ham or Cheese Wrap/ Roll****Or****Cheese and Tomato Pizza and Baked Wedges** |
| **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** |
| **Fruit or yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** |

Bealings School

Week 3

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Ham or Cheese Wrap/Roll****Or****Chicken Korma and Rice****Or** **Jacket Potato with Beans** | **Cheese or Tuna Wrap/Roll****Or****Jacket Potato with Cheese and/or Beans** | **Ham or** **Cheese Wrap/Roll****Or****Macaroni Cheese** | **Ham or Tuna Wrap/Roll****Or****Jacket Potato and Tuna** | **Ham or Cheese Wrap/ Roll****Or****Fish Fingers and Baked Wedges****Or** **Jacket Potato with Beans** |
| **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** |
| **Fruit or yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** |