Bealings School

Week 1

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Ham or Cheese Wrap/Roll**  **Or**  **Jacket Potato with cheese and Beans** | **Cheese or Tuna Wrap/Roll**  **Or**  **Tomato Pasta** | **Ham or**  **Cheese Wrap/Roll**  **Or**  **Jacket Potato with Tuna or Beans** | **Tuna or Cheese Wrap/Roll**  **Or**  **Cheese and Potato Pie** | **Ham or Cheese Wrap/ Roll**  **Or**  **Beef Chilli and Rice**  **Or**  **Jacket Potato with Beans** |
| **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** |
| **Fruit or yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** |

Bealings School

Week 2

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Ham or Cheese Wrap/Roll**  **Or**  **Chicken and Sweetcorn Meatballs and Pasta**  **Or**  **Jacket Potato with Beans** | **Cheese or Tuna Wrap/Roll**  **Or**  **Jacket Potato with Cheese and/or Beans** | **Ham or**  **Cheese Wrap/Roll**  **Or**  **Cauliflower and Broccoli Bake** | **Ham or Tuna Wrap/Roll**  **Or**  **Jacket Potato and Tuna** | **Ham or Cheese Wrap/ Roll**  **Or**  **Cheese and Tomato Pizza and Baked Wedges** |
| **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** |
| **Fruit or yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** |

Bealings School

Week 3

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Ham or Cheese Wrap/Roll**  **Or**  **Chicken Korma and Rice**  **Or**  **Jacket Potato with Beans** | **Cheese or Tuna Wrap/Roll**  **Or**  **Jacket Potato with Cheese and/or Beans** | **Ham or**  **Cheese Wrap/Roll**  **Or**  **Macaroni Cheese** | **Ham or Tuna Wrap/Roll**  **Or**  **Jacket Potato and Tuna** | **Ham or Cheese Wrap/ Roll**  **Or**  **Fish Fingers and Baked Wedges**  **Or**  **Jacket Potato with Beans** |
| **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** | **Vegetable Bag** |
| **Fruit or yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** | **Fruit and yoghurt** |